

## **Additional Resources for Classroom Session #2**

Get the Life You Want by Richard Bandler

<https://www.amazon.com/Get-Life-You-Want-Neuro-Linguistic/dp/0757307760>

Book Linda referenced in regard to helping folks move on after losing a horse partner or for getting past things holding you back in life.

Member Minute for horse's that pull away when you're asking for an upward transition- she referenced this during Edwina and Roux's lesson

<https://members.parelli.com/topic/helping-a-horse-that-pulls-away/>

If link doesn't work you can get there by going to Savvy Club- Library- Member Minutes- Member Minutes 2020- Helping a Horse that Pulls Away

Lesson on teaching your horse the game of Stick to Me or to catch your shoulder Pat Showing Stick To Me

<https://members.parelli.com/topic/stick-to-me/>

If link doesn't work you can get there by going to Savvy Club- Levels- OL Level2- Driving Game- Stick To Me

Linda showing making a game of catching your shoulder- she referenced this during Barb and Lucy's lesson

<https://members.parelli.com/topic/teach-to-lead/>

<https://members.parelli.com/topic/leading-with-psychology/>

If link doesn't work you can get there by going to Savvy Club- Touchstones- Touchstone 1- Horse Psychology and Philosophy- Leading with Psychology- Teach to Lead OR Leading with Psychology

Member minute on the importance of Neutral - she reference this during Celeste's Lesson with her horse Liberty

<https://members.parelli.com/topic/stand-still-on-circling-game/>

If link doesn't work you can get there by going to Savvy Club- Library- Member Minutes- Member Minutes 2020 - Stand Still on Circling Game

Phase 2 resources

7 Games Goals videos she mentioned that she filmed in Florida a few days ago are in the Task section of the portal. Each game has a separate video- they are in the links in the gray boxes

Balance and Posture-

Touchstone 10 is all about Balance and Posture- tons of extra resources for you- TONS!!

<https://members.parelli.com/courses/touchstone-10-balance-and-posture/>

If link doesn't work you can get there by going to Savvy Club- Touchstones- Touchstone 10

Parelli Foundation Video- This is the one of Linda demoing riding posture simulations with Courtney (her protege)

[https://www.youtube.com/watch?v=QpHb-vn1WDI&feature=youtu.be&fbclid=IwAR0394bs5J-ZRcIp4xkxwiVJHVLru9AFASN4FK0L7aEfts2h3W\\_E1IkhUQI](https://www.youtube.com/watch?v=QpHb-vn1WDI&feature=youtu.be&fbclid=IwAR0394bs5J-ZRcIp4xkxwiVJHVLru9AFASN4FK0L7aEfts2h3W_E1IkhUQI)